



Educational Psychology & Specialist Support

04/12/2024 09:30 - 12:30

Title: AUTISM EDUCATION TRUST - Autism and Anxiety

Venue: Norfolk Room, Breckland Council , Elizabeth House, Walpole Loke, Dereham, Norfolk, NR19 1EE

Trainer: Julie Stewart

Educational Psychology and Specialist Support

AUTISM EDUCATION TRUST - Autism and Anxiety 4th December 2024

Autism Education Trust

Autism and Anxiety

Outline

The aims

After completing this module, you will be able to understand:

How autistic CYP might express anxiety.

What can cause anxiety in autistic CYP.

What you can do to prevent and reduce anxiety in autistic CYP. Gain practical knowledge and discover hands-on tools and techniques to support pupils with autism in your setting.

Description

Autism and Anxiety training is part of an evidence-based national training program, which is endorsed by the DfE.

Autism and Anxiety is one of a suite of training modules developed by the Autism Education Trust (AET), see <https://www.autismeducationtrust.org.uk/training> - and delivered to education settings in Norfolk through the Educational Psychology and Specialist Support AET training Hub.

The Autism Education Trust believes that all pupils with autism should receive an education which enables them to reach their full potential to engage in society as active citizens and that individuals, families and professionals are informed, supported and equipped to enable this to be achieved.

Outcome

After completing 'Autism and anxiety', participants will be able:

To have greater knowledge about how prevalent and impactful anxiety can be on autistic CYP

To learn that anxiety can be transactional and we all have a role in reducing anxiety in school
To understand that there is a toolbox of approaches that can be used to reduce anxiety and the first step is to learn about the individual's triggers and preferred means of support
To understand that by reducing anxiety we can significantly improve a CYP's ability to engage with school life and their peers, as well as improve general well-being. work.

Audience

Teachers, teaching assistants, senior management and any other practitioner in mainstream and/or specialist settings

Booking Information

<https://s4s.norfolk.gov.uk/Event/249094>

Programme

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Trainer: Julie Stewart, ASD Support Team Co-ordinator

Code: EPS-1224-T001

Price per booking: 50.00

Sign up deadline: 29/11/2024