

# Naomi Kitchen

SEMH Practitioner, EPSS



## My Job...

I am an SEMH (Social, emotional and mental health) Practitioner.

I work with children and young people in schools across Norfolk, helping them with challenges they may be facing.

I also work with school staff and families to make sure everyone is communicating and working well together.

I offer advice to school staff in our Core Consultations where we talk about special educational needs, and everything schools are doing to support their pupils.

## What I might do in school...

Work one to one with young people or with small groups of students.

Work with teachers to help them understand and support their students.

Carry out assessments and observations related to social, emotional and mental health needs.

## My Areas of Interest...

Mental Health.  
Wellbeing  
Trauma informed practice.  
Advocating for the voices of children and young people.

## What is important to me...

My family, my own children, my friends and colleagues.  
Keeping fit and healthy both mentally and physically.  
Running, walking and skiing.  
My dogs!  
Working hard to support young people.  
Being outside.  
Reading books and watching films.

