

# Alice Smith

SEMH Specialist Support Assistant, EPSS



## My Job...

I work as a Specialist Support Assistant on the Social, Emotional and Mental Health (SEMH) Team.

I work with children and young people in schools across Norfolk, supporting them with any challenges they may be facing.

I work with school staff and families to make sure everyone is communicating and working together to successfully support the young person.

## What I might do in school...

Work one to one with young people or with small groups of students.

Work with teachers to help them understand and support their students.

Carry out assessments and observations related to social, emotional and mental health needs.

## My Areas of Interest...

Mental Health  
Trauma  
Supporting young people to develop positive relationships with their mental health.

## What is important to me...

Spending time and laughing with my family and friends.  
Boxing and strength training for my own physical and mental health.  
Reading.

